

**Details:**

**Dates & Time:**

26/03/2025  
04/04/2025  
10/04/2025  
16/04/2025  
23/04/2025  
30/04/2025

**Time:** 9:00-15:30

**Duration:**

36 hours

**Location:**

Webinar – online platform

**Cost:**

**Initial Cost:**

€800

**Cost after the subsidy:**

€160

**Persons not covered by subsidy:**

€700

**APPLICATION FORM**

**MULTI-BUSINESS TRAINING SEMINAR**

**“Minimum Training of Designated Persons of ESYPP Or Self-Employed Persons or Employers Carrying Out the Protection and Prevention Activities or Heads of Safety Committees (Decree 158/2021)”**



**Scope of Seminar**

On April 2, 2021, the House of Representatives approved and on April 23, 2021, the Regulatory Administrative Acts on the Management of Occupational Safety and Health Issues, R.A.A. 158/2021 was implemented. A few months earlier, in December 2020, the Occupational Safety and Health at Work Act itself was amended (Law No. 89(I)/1996-2020).

The Regulations R.A.A. 158/2021 replace the Regulations R.A.A. 173/2002 to improve the legislation and compliance of our State with the recommendations of the competent European Authority on occupational safety and health issues. At the same time, the same regulations replace the Decree 134/1997 on Safety Committees.

The Regulations are accompanied by four decrees, (1) for the establishment of the Safety Committee (R.A.A 237/2021), (2) **the Minimum Health and Safety Training (R.A.A 238/2021)**, (3) determining the number of Safety Representatives (R.A.A 239/2021) and (4) the Code of Practice for Employer Consultation with Employees on Safety and Health Matters (R.A.A 240/2021).

The employer is required to designate in writing the ESYPP who will accompany the employer and undertake the implementation of the requirements of the Regulations.

The employer is required to train the company's staff engaged in Internal Protection and Prevention Services (IPPS) to meet the statutory requirement in accordance with the provisions of Regulation 17(3) of R.A.A 158/2021. Also, the minimum training for ESYPP is set at 35 hours (R.A.A 238/2021) Annex I "MINIMUM TRAINING FOR NOMINATED PERSONNEL OF ESYPP or AUTHORIZED

PERSONNEL or EMPLOYEES CARRYING OUT PROTECTION AND PREVENTION ACTIVITIES or CHAIRPERSONS OF SAFETY COMMITTEES". With the amendment of the Occupational Safety and Health Act in December 2020, inspectors of the Inspectorate Department are given the power to impose extrajudicial fines of **€500** for each violation of the law and regulations.

For businesses to comply with this need, it is necessary to train the business' ESSYP on the requirements of the above regulation. So that the subsequent effective implementation and compliance of the company is possible. More specifically, the training of the ESYP will help:

- Compliance with Legal Requirements
- Ensuring high levels of security
- Reduction of accidents and illnesses
- Improved efficiency
- To maintain a good position within the field, while maintaining a competitive edge

### Who is this course for?

People composing the ESSYP:

- Deputy Safety Officer
- Safety & Health Manager and Deputy Safety & Health Manager
- Responsible persons for First Aid, Fire Protection, Fire Extinguishing, and Evacuation
- Chairman of the Safety Committee
- Other people appointed by the employer as members of the ESYP

### Targets

Upon completion of the program, participants will be able to:

- Describe the main provisions of Cypriot and European health and safety legislation
- Describe safe working methods
- Designate their functions as members of the ESSYP or chairs of A&E committees
- Ensure both their own training and the training of other employers on occupational safety and health issues
- Classify the different sources of risk from work equipment and activities.
- Interpret the meaning of accident and near-accident, occupational diseases, and what the costs and consequences of these are.
- Identify harmful factors in the workplace and take appropriate corrective and preventive measures to eliminate them.
- Understand the importance of implementing preventive collective and individual protection measures

## Contact Us

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Following completion of the training program, the participants will receive a certificate of attendance.

- Document their knowledge of occupational safety and health issues.
- Implement the provisions of the legislation on Health and Safety in the workplace.
- Develop Occupational Risk Assessment Studies and Health and Safety Management Systems.
- Organize the implementation of protection and prevention measures
- They safeguard the safety of themselves and their colleagues.
- Participate in the Safety Committees after having received the necessary training.
- Organise and take part in emergency preparedness and response exercises
- Participate in appropriate ways and practices to address and reduce risks.
- They address the health and safety problems that arise.
- Encourage cooperation between the different levels of the company on health and safety issues.
- They assess risks in a wide range of professional activities.
- Act proactively as regards the implementation of health and safety measures.

## Subjects

- CHAPTER 1: LAW
- CHAPTER 2: RISK ASSESSMENT PROCESS AT WORK
- CHAPTER 3: BASIC PRINCIPLES OF WORKPLACE INSPECTION
- CHAPTER 4: KEEPING A SAFETY AND HEALTH RECORD
- CHAPTER 5: MINIMUM WORKPLAE SPECIFICATIONS
- CHAPTER 6: FIRE SAFETY (FIRE AND EXPLOSION PREVENTION MEASURES, FIRE EXTINGUISHING, ETC.)
- CHAPTER 7: EMERGENCY ACTION AND RESPONSE PLANS – SIGNAGE
- CHAPTER 8: ERGONOMICS - MUSCULOSKELETAL DISORDERS - RISKS ASSOCIATED WITH MANUAL HANDLING OF LOADS
- CHAPTER 9: CHEMICAL AND BIOLOGICAL FACTORS
- CHAPTER 10: PHYSICAL FACTORS (NOISE, EXPOSURE TO THERMAL LOAD, VIBRATION, RADIATION, VENTILATION, LIGHTING, ETC.)
- CHAPTER 11: VISUAL DISPLAY SCREENS
- CHAPTER 12: PSYCHOSOCIAL RISKS
- CHAPTER 13: MECHANICAL HAZARDS AND WORK EQUIPMENT (MACHINERY - HAND TOOLS - MAINTENANCE - PRESSURE EQUIPMENT)
- CHAPTER 14: ELECTRICAL HAZARDS
- CHAPTER 15: SAFETY AND HEALTH IN CONSTRUCTION AND WORK AT HEIGHT
- UNIT 16: MOVEMENT OF PEOPLE AND VEHICLES
- UNIT 17: PERSONAL PROTECTIVE EQUIPMENT
- UNIT 18: RISK ASSESSMENT - CASE STUDY